## **Microcurrent Indications and Contraindications**

#### What does it do?

- Increases collagen and elastin
- Delays the signs of aging
- Promotes blood flow-provides circulation & oxygenation
- Refines lines & wrinkles (deep & superficial)
- Lifts & tightens through muscle re-education
- Tones & sculpts
- Provides lymphatic drainage and flushes out toxins
- Reduces puffy eyes & dark circles
- Hydrates the skin at a cellular level
- Increases healing & decreases inflammation
- It's also a perfect partner for Botox! As Botox can atrophy the muscles over time, microcurrent can re-stimulate the muscles and help keep them toned and not slack.

## What conditions can it help?

Aging
Premature Aging
Deep & Fine Lines
Folds/Smile Lines
Texture
Sagging Skin
Rosacea (increasing ATP helps the repair and healing process)
Acne

# How often should I get Microcurrent?

While results can be seen in as little as one treatment, microcurrent is like exercise and results are cumulative. A series is best for those looking to achieve maximum results.

#### **Contraindications:**

- Pregnancy
- Pacemaker
- Defibrillator
- Epilepsy/History of Seizures
- Implanted Medical Devices
- Cancer (active)

List of conditions that require your physician's approval letter before treatment can be performed:

- Diabetes
- Heart Conditions
- Metal plates or pins in the face
- Phlebitis/Thrombosis
- Recent Surgery
- Recent Childbirth

**Special Consideration**: Herpes/Cold Sores - If you are prone to cold sores or facial herpes breakouts, please note microcurrent has the potential to activate a re-occurrence. Please note to proceed with caution using your own judgment to determine whether or not you'd like to proceed with microcurrent.